



# RUNCORN SAXONS F.C.

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## Foundation Football Policy

This policy is fully supported by the Club Committee Officers who are responsible for the implementation of this policy.

### Foundation Phase - Under 5s – Under 11s

- AIM:** Mini soccer aims to encourage children to take part in football so they feel successful, learn to play, understand the rules, develop Ability, Balance and Co-ordination skills and take an active part in a game of football. There is NO competition in this phase and we are not focussed on winning or losing ONLY individual development through participation and lots of FUN.
- POSITIONS:** Rotation varied over a number of weeks for skill development.
- SUBS:** Different starting subs every week.
- GOALKEEPERS:** Minimum rotation every half game.
- ROTATION:** Equal minutes on match day.
- STREAMING:** The Club will regroup players into appropriate groups each season both during and at the end of the season.
- 4 CORNERS:** Awareness and action for the individual needs of players